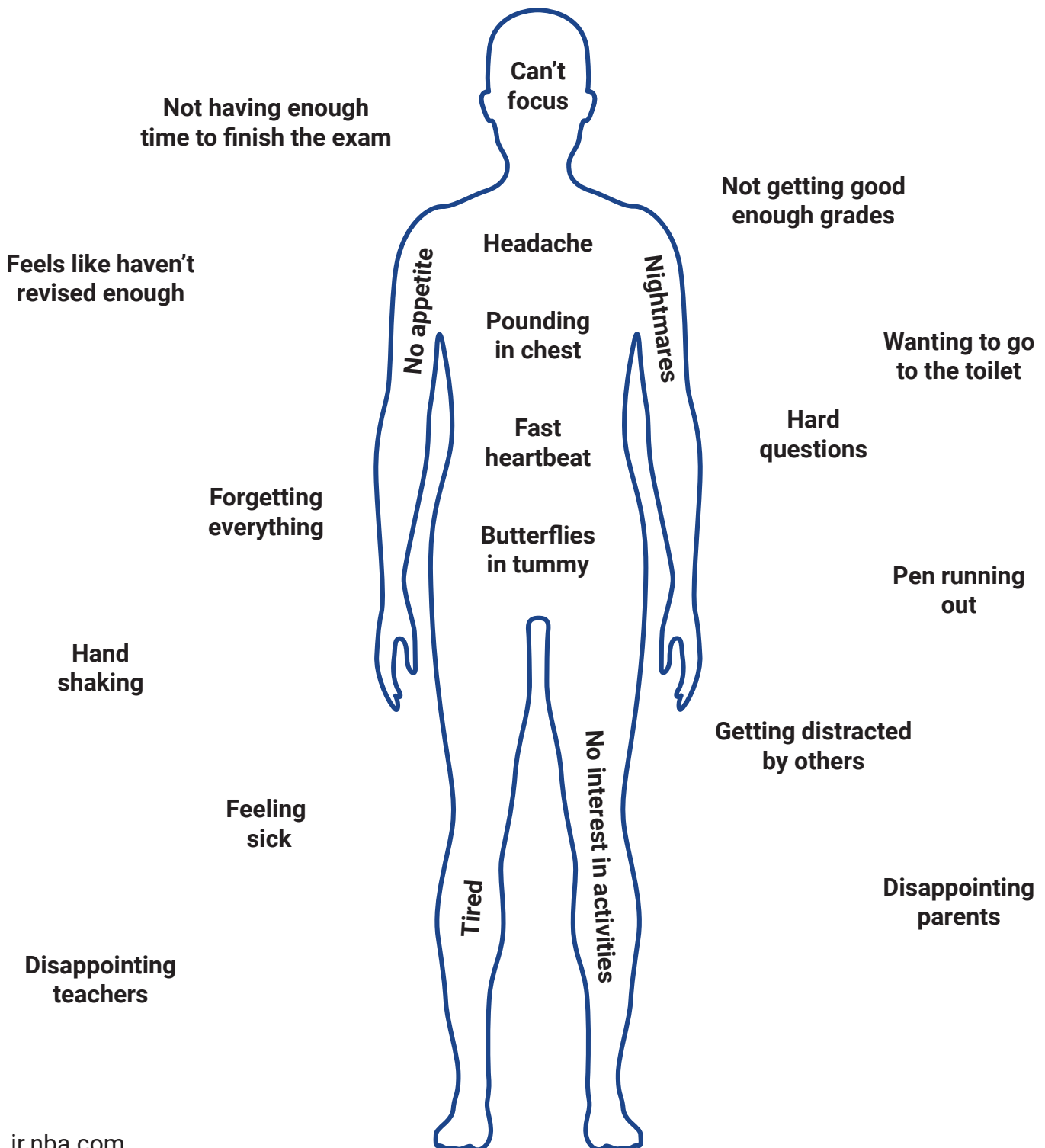


## DEALING WITH PRESSURE AND STRESS

Anj is coming up to a science mock and is worried about the exam.

1. How might pressure and stress affect your character? Write examples in the body.
2. What is causing them stress? What else could be impacting their stress levels?  
Add labels around the body.



## DEALING WITH PRESSURE AND STRESS

Anj is coming up to a science mock and is worried about the exam.

1. How might pressure and stress affect your character? Write examples in the body.
2. What is causing them stress? What else could be impacting their stress levels?  
Add labels around the body.

